

THEME 5 PSYCHOLOGY VOCABULARY WORKSHEET

A. Study the mood and tone words below and categorize them as positive or negative.

annoyed / miserable / content / hopeful / confused / welcoming / confident / worried / cheerful
pessimistic / furious / optimistic / apathetic / determined / energetic

POSITIVE MOOD	NEGATIVE MOOD

B. Write the correct mood adjectives

anxious / desperate / depressed / excited / scared / confused / hopeful / joyful

1. I can't find a way out. I'm in despair. _____
2. Wow! I feel very happy to hear such good news. _____
3. I feel frightened and worried as I have an operation next week. _____
4. I don't know what to do. _____
5. I suffer from anxiety. _____
6. I maintain my hope. I believe good things will happen. _____
7. I've been very unhappy for the last couple of weeks, so I don't feel much like going to the party. _____
8. We are all happy and enthusiastic about our upcoming family vacation at a ski resort. _____

C. Replace the underlined adjectives with the ones given below. One is extra.

cheerful / calm / certain / amused / thankful / upset / determined

1. Martin usually stays relaxed in meetings but this time, he lost his temper. _____
2. The coach is sure that his team will win. He is confident about the victory. _____
3. Sue never gives up when she decides to do something. She is very strong-willed. _____
4. Bill felt grateful to his cousin, Judy, for her hospitality and kindness. _____
5. Jill is worried because her husband has gone to the hospital, but he isn't back yet. _____
6. Unlike many people, John feels happy and energetic on rainy days. _____